



December Fun!

Santa Party!



Staff/Volunteer
Christmas Party!



SISTERS OF ST. FRANCIS
OF THE MARTYR ST. GEORGE

HOME SPIRITUALITY OUR CONGREGATION APOSTOLATES VOCATIONS PARENTS CONTACT US GIVING

Visit our Community's website:

www.altonfranciscans.org

News From Home

VOLUME 21 ISSUE 1

JANUARY 2019

MOTHER OF GOOD COUNSEL HOME
6825 NATURAL BRIDGE ROAD
ST. LOUIS, MISSOURI 63121
314-383-4765
www.mogch.org

A Few Thoughts from Sr. M. Christine

Dear Friends,

Although it is now a new year, the month of January allows us to continue celebrating the season of Christ's birth: first with the Solemnity of Mary, second with Epiphany, and third with the Feast of the Holy Family. All three feasts demonstrate the richness of the Church's liturgical calendar, and the anticipation and gratitude of a new year. And although we may have already written our thank you notes to one another for presents received — and we at the Home are most grateful for your generous and continued support! — it is important to remember that God should receive a thank you note as well for giving us His most precious Son. There truly is no greater gift. So, why do so many of us believe that when Christmas is over — and His “gift” so celebrated and received — we no longer have to think about this gift again until next year? Why do so many of us feel let down instead of raised up in spiritual gratitude?

On our list of resolutions for 2019, maybe we can show our gratitude to God with spiritual goals. We can promise Him that we will appreciate His gift, the gift of Himself in the Eucharist, and that our goals are spirit-filled and attainable through Him. One of the most treasured ways to show our gratitude is by receiving the precious gift of Jesus Christ, the “gift that keeps on giving” each and every day of the year.

Gratitude is a spiritual practice of faith, hope, and love. It is a practice of faith because we believe that God is the creator of the universe. We offer gratitude to God for His gift of creation, for life, and for

the earth's resources that we need to sustain our lives. Gratitude is actually a practice that helps us to revere life and to accept and honor the dignity of each human being.

Gratitude is also a practice of hope simply because we trust in the constant goodness and generosity of God. We offer gratitude, knowing that our God is always with us. We have the assurance that God answers all our needs. Perhaps he may not answer as soon as we would like, or at times, not in the way we so desire, but He will always answer our prayers in a way that is best for us.

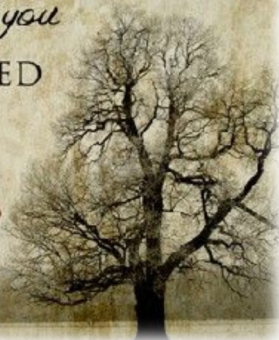
Gratitude is a practice of love because we have been redeemed by Jesus' life, death, and resurrection. We offer gratitude for the presence of the risen Lord in God's Word, the Scriptures, and the Eucharist (which means “thanksgiving”), the Church and the world.

We need to live in our world with grateful hearts, demonstrated by showing compassion and allowing forgiveness. Gratitude keeps us from becoming selfish or indifferent toward others. Every day we have opportunities to express gratitude to family members for their unconditional love, to close friends for their constant support, to co-workers who go out of their way here at the Home to help us, and to all of the people who touch our hearts with gentle acts of kindness. Living with grateful hearts helps us to remember that everything we receive is a gift from God and keeps us from taking one another for granted. As we nourish gratitude in our hearts we grow in love.

Sister M. Christine, FSGM

May your new year be filled with much joy and many spiritual blessings!

What if...
You woke up TODAY
with only the
THINGS you
THANKED
God for
yesterday?





MILESTONES

With Deepest Sympathy
Grace Dodd
Donald Wittich

January Birthdays Residents

Frances Potts—4th
Margaret Miller—14th
Fr. Charles Burgoon—14th
Bonnie Buhrman—15th
Betty Jo Swyers—26th
Dorothy Weiskopf—30th

Staff Members

Rosie Ivory—13th
Doris Owens—17th
Kimberly Johnson—17th
Donnel Rush—19th
Vanessa Hicks—22nd
Wanda Willis—22nd
Madeline Patton—23rd
Lisa Solomon—27th
Cynthia Hughes—31st



*"Darkness cannot drive out darkness; only light can do that.
Hate cannot drive out hate; only love can do that."-MLK*

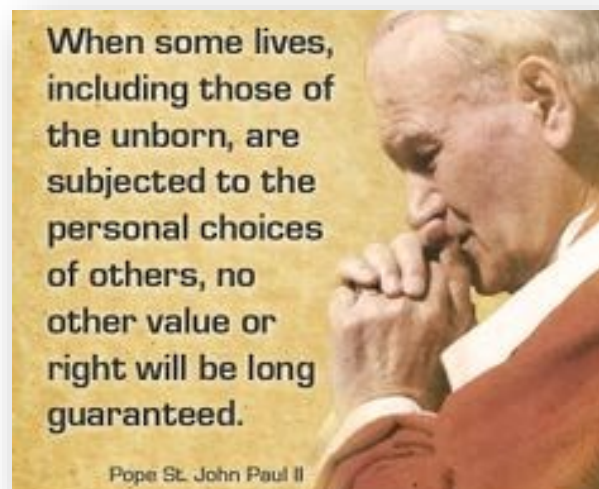


**Please join us as
we
celebrate
the life and legacy
of
Martin
Luther King Jr. on
January 21st at
2:30 pm in the
Chapel of
MOGCH.
There will be a
light reception fol-
lowing the service.**

**MARCH FOR LIFE 2019
JANUARY 18
WASHINGTON, D.C.**



**Go to <https://marchforlife.org/mfl-2019/> for infor-
mation on March For Life pilgrimage from St.
Louis or marchforlife.org/**



NO JANUARY POTLUCK

February Potluck

Our February potluck will be on Tuesday, February 12th at 5:00 p.m. Join us in the Activity Hall for food and fellowship. See the February News From Home for details.

A special THANK YOU from all our residents to all who donated to our annual Shop 'til You Drop. Thank you, it was a big success!



The 2019 Quilt Raffle is in the works!

"Pop Out"

Use the clues to determine words that rhyme with pop.

1. Make a trade
2. Lamb serving
3. Highest point
4. Farm output
5. Hit on the noggin
6. Take a break
7. Police officer
8. Jump
9. Alka-Seltzer sound
10. Soak up
11. Let fall
12. Broadway bomb
13. Cleaning tool
14. Chop off
15. Stage accessory
16. Place of business

Answers:

1. swap
2. chop
3. top
4. crop
5. bop
6. stop
7. cop
8. hop
9. plop
10. sop
11. drop
12. flop
13. mop
14. lop
15. prop
16. shop

January Coming Events

**Cards/Games—Mondays Bingo—Tuesdays and Thursdays Birthday Party—2
Exposition/Benediction—4 Martin Luther King Celebration—21 Sing-A-Long w/Ed—23
Round Table/Fold News From Home—30**



MOGCH's Christmas Angels, Delilah, Georgia, and Emily spread joy throughout the Home at the annual Angel Party! Delilah is Geneka Davis' daughter and Georgia and Emily are Mark McGrath's daughters.



Alzheimer's Association

The Alzheimer's Association offers a great deal of support and information to those who are dealing with family members and friends with Alzheimer's or other forms of dementia. One avenue of support is the monthly Family Support Group Meetings, which are offered at many locations and times. One location is Mother of Good Counsel Home. The group meets the last Saturday of every month from 10:30 a.m. - 12:00 noon. If you would like more information or would like to attend the meeting, please contact Jeff Scheer at 314-446-2425, or JScheer@LSSliving.org